

Press Release

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Harpenden Town Council Launching Dementia Café

Harpenden Town Council is pleased to announce “Tea & Memories”, a new dementia café which will launch on 14 January 2020. The group will be hosted by Cornelia’s Café, located at St Nicholas Church, Church Green, Harpenden.

Tea & Memories is a chance for those living with dementia, and their loved ones, to gather in a friendly, informal setting with complimentary hot drinks and homemade cake. The group will meet the 2nd and 4th Tuesday of the month starting on 14 January, from 2pm-3:30pm. At Tea & Memories gatherings, there will also be dementia-friendly talks and activities for attendees to partake in; the Town Council website will be updated with more details on these activities as the event dates near.

The café will initially run as a three-month trial to gauge public demand. In addition to Tea & Memories, Harpenden Town Council continues to add to their action plan to Make Harpenden a Dementia Friendly Town. Additional events & initiatives include providing hosting regular Dementia Friends talks (open to both businesses & members of the public), linking in with local dementia groups, and actively promoting awareness through our website and Froum publications.

For more information about Tea & Memories and the Town Council’s dementia friendly initiatives, or to learn more about volunteer opportunities & how you can help, please visit <http://www.harpenden.gov.uk/dementia-friendly-town> or contact us at 01582 768278 or harpenden.town.council@harpenden.gov.uk.

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About Harpenden Town Council

Harpenden Town Council was created in 1974 and is the largest parish in the St Albans District with a population of almost 30,000 represented by 16 Councilors across 4 Wards.

